

## Useful internet sites

South West Child Protection Procedures  
[www.online-procedures.co.uk/swcpp/](http://www.online-procedures.co.uk/swcpp/)

Young Carer Rights:  
[www.nhs.uk/Conditions/social-care-and-support-guide/Pages/young-carers-rights.aspx](http://www.nhs.uk/Conditions/social-care-and-support-guide/Pages/young-carers-rights.aspx)

For Siblings of Disabled  
Children and Adults  
[www.sibs.org.uk/](http://www.sibs.org.uk/)

Carers Advice  
[www.carers.org/what-young-carer](http://www.carers.org/what-young-carer)

Young Carers Online Chat and Support  
[www.babble.carers.org/](http://www.babble.carers.org/)

Financial Support  
[www.moneyadviceservice.org.uk/en/articles/financial-support-for-young-carers](http://www.moneyadviceservice.org.uk/en/articles/financial-support-for-young-carers)

Sibling Issues  
[www.parentcenterhub.org/repository/siblings/](http://www.parentcenterhub.org/repository/siblings/)

Children's Services do not endorse or recommend any service listed above, nor does it accept liability for any services provided by the organisations listed.



## Contact details

If you would like any more information about the Young Carers Group please contact:

### Children's Social Care Team

Carn Thomas  
St. Mary's  
Isles of Scilly  
TR21 0PT

T: **01720 424354**

E: **childrensocialcare@scilly.gov.uk**



## Isles of Scilly Young Carers Group



A group for children and young people who help to care for someone in their family with an illness, additional need or disability.

If you require this document in an alternative language, larger text, Braille, easy read or an audio format please contact:

E: [diversity@scilly.gov.uk](mailto:diversity@scilly.gov.uk)

T: 01720 424000

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The Young Carers Group has been set up for children and young people on the Isles of Scilly who support the care of someone else in their family home because they have an additional need, are disabled, have been ill for a long time, have mental health problems or a problem with alcohol or drugs. They may care alone or as part of a family.



Young carers are children and young people under the age of 18 who take on practical and/or emotional caring responsibilities to look after one of their parents or a brother or sister.

Siblings of children with additional needs or disabilities sometimes miss out on activities and parental attention due to the needs of their sibling.

The Young Carers Group can give children and young people opportunity to meet other young carers in an informal and enjoyable way, giving them a break and an opportunity to enjoy activities.

The Young Carers Group offers activity sessions with opportunity for children and young people to get to know others in similar situations, make friends and enjoy themselves.

There is a high staff to child ratio for all sessions so that the young carers can experience being the centre of attention and can get one to one time with a grown up to praise and encourage them with their activities.

The group undertakes activities that may be difficult to achieve at home, for example swimming, arts and crafts, going to the beach or wildlife trips.

As the Young Carers Group moves forward it is hoped that the children and young people will be able to make friends and discuss and value the unique feelings and experiences of being a young carer.

There are trained and experienced staff at every session so there is always support and advice available for any child or young person that may need it.

The Young Carers Group is a safe environment where young carers can talk about their feelings, if they want to, and explore the experiences and mixed emotions that many young carers may feel, in a supportive setting away from the family .

The aim of the group is for young carers to have fun and to have a break, free from the added responsibilities at home. Young carers can also be supported if they wish to learn more about the disability or illness that affects their family.

**If you know a child or young person that you think may benefit from being part of the Young Carers Group, please contact the Children's Social Care team who will provide more information.**

