

# Swimming pool timetable

## MAY 2017

**ACTIVE  
SCILLY**

	MON	TUE	WED	THU	FRI	SAT	SUN
09:00	Lane swim 09:00 - 11:00			Lane swim 09:00 - 10:30	Lane swim 09:00 - 10:30	Lessons 09:00 - 14:00	
10:00							Lane Swim** 10:00 - 11:00
11:00	Relaxed swim* 11:00 - 12:00	Aquafit 10:30-11:30		Splash Tots 10:30 - 11:30			Families** 11:00 - 12:00
12:00							
13:00							
14:00	Splash tots 14:00 - 15:00						
15:00				Relaxed swim* 14:30 - 15:30	Lessons 15:00 - 20:30		
16:00	Lessons 15:30 - 18:30						
17:00			Lane Swim 17:15 - 18:15	Lessons 15:30 - 20:00			
18:00							
19:00			Aqua fit 18:30 - 19:30				
20:00							

*We are closed on the 1 May and 29 May bank holidays.*

*\*Adults only*

*\*\*1st and 3rd Sunday of the month ONLY (7 May and 21 May)*