

Normandy Swimming Pool (please contact the pool for a termtime timetable)

Easter Hols (14/4/14 -27/4/14) May Half Term (26/5/14-1/6/14) Oct Half Term 27/10/14-2/11/14) Xmas/New year (22/12/14-4/1/15) Feb Half Term (16/2/15-22/2/15)

	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930
MON	0900-1000		1000-1100		1100-1200						1400-1500									1830-1930		
TUE			1000-1100		1100-1200			1230-1330									1700-1800		1815-1915			
WED	C L O S E D																					
THU		0930-1030		1030-1130		1130-1230					1400-1500		1500-1600					1730-1830		1830-1930		
FRI		0930-1030									1400-1500								1800-1900			
SAT								1200-1300		1300-1400												
SUN			1000-1100		1100-1200																	

SUMMER SCHOOL HOLIDAYS Monday 28th July—Sunday 31st August 2014

	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930
MON	0900-1000		1000-1100		1100-1200						1400-1500									1830-1930		
TUE			1000-1100		1100-1200			1230-1330					1500-1600		1600-1700				1815-1915			
WED	C L O S E D																					
THU		0930-1030		1030-1130		1130-1230					1400-1500		1500-1600					1730-1830		1830-1930		
FRI		0930-1030									1400-1500		1500-1600						1800-1900			
SAT								1200-1300		1300-1400		1400-1500										
SUN			1000-1100		1100-1200																	

Children and Family Open Sessions	Water Babies (open session)
Adult Open Sessions	Re-ablement Session (bookings essential)
Open Session Women Only	Child Swimming Lessons, Rookie Lifeguard, Child's Swim Fit (bookings essential)
Open Session for over 60s	Aqua Fit (bookings essential)
Open Session for Off Island Residents	



NORMANDY SWIMMING POOL

Located on the main road, just past Carn Vean Tea Rooms from the North, or Porth Hellick from the South.



ACTIVE SCILLY PRICES 2014/15

Non Member Session: Adult	£5.25	Active Scilly Membership**	£15.00
Non Member Session: Concession*	£4.25	Member Session: Adult	£4.00
Non Member Child (0-16 Years)	£4.25	Member Session: Child	£2.00
Non Member Aqua Fit	£6.50	Members Session: Concession*	£2.00
*Users over 60, those with a disability or an agreed GP referral		**Only available to residents and seasonal workers residing 2 months or more on Scilly.	

WE ARE
HERE



Tel: 01720 423645



Council of the Isles of Scilly

ACTIVE SCILLY TOURIST BROCHURE

01720 424373

www.activescilly.co.uk
activescilly@scilly.gov.uk

Valid from 31st March 2014



SPORTS HALL



GYM AND REHABILITATION SUITE



NORMANDY SWIMMING POOL

WHAT WE OFFER

QUEEN ELIZABETH II COMMUNITY SPORTS HALL

Consists of 4 badminton courts and is available for a variety of sports and activities. The hall features an industry standard floor surface with various court markings, division nets, and a viewing gallery.

There is a reception area, changing rooms, lockers and shower facilities. Sports club sessions and fitness activities available to all. Bookings are available during school holidays from 9am-9pm Mon-Fri, and 10am-4pm Sat-Sun. We can hire out a large range of equipment and kit. We can cater for children's birthday parties and fund raising events.

GYM AND REHABILITATION SUITE

Now featuring extended opening hours. Qualified instructors are available at indicated sessions to offer fitness advice and inductions. We have recently installed a range of new cardiovascular machines, which are fully accessible for disabled users. We also have a large range of free weights and weights machines. A large flat screen TV is available to hire for fitness and workout DVD's, for just £2.50 a session.

NORMANDY SWIMMING POOL

Normandy indoor pool is open all year round to both residents and non residents and features a timetable of open sessions, swimming lessons, re-ablement, aqua aerobics, water babies and more. Experienced swimming teachers, pool and beach lifeguards are on hand for all needs. Private hire also welcome.

BANK HOLIDAY CLOSURES (Sports Hall, Gym and Pool)

Friday 18th April 2014
Monday 21st April 2014
Monday 5th May 2014
Monday 25th May 2014
Monday 25th August 2014

QUEEN ELIZABETH II COMMUNITY SPORTS HALL—School Holidays Available to Hire 9am - 9pm

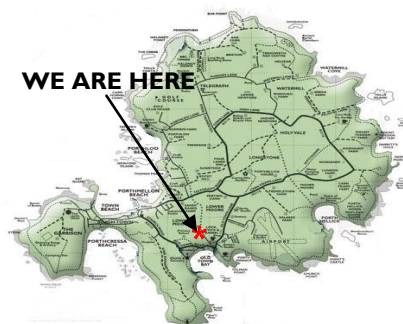
	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2030	2100
MON	0900-1700								1700-2000					
TUES	0900-1700								1700-2100					
WED	0900-1700								1700-2000					
THUR	0900-1700								1700-2000					
FRI	0900-1700								1700-2000					
SAT		1000-1600												
SUN		1000-1600												
KEY:		School Use Time Only (Term Time)							Available for Community Hire					

GYM AND REHABILITATION SUITE TIMETABLE

	0900	0930	1000	1100	1200	1300	1400	1430	1500	1600	1630	1700	1800	1900	2000	2030	2100
MON	0900-1200				1200-1630						1630-2000						
TUES					1200-1630						1630-2100						
WED	0900-1200				1200-1500				1500-2000								
THUR					1200-1630						1630-2100						
FRI	0900-1200				1200-1630						1630-2000						
SAT			1000-1600														
SUN			1000-1600														
Key					Instructor Available (Suitable for beginners)							Non Instructed Opening Hours					

SPORTS HALL and GYM

Find us just off the main road heading from Hugh Town to Old Town Bay, entrance at Nowhere car park, situated behind the new school at the Carn Gwaval site.



QUEEN ELIZABETH II COMMUNITY SPORTS HALL PRICES

(per 55 minute hire)

Whole Hall (4 badminton courts)	£31.50
Half Hall (2 badminton courts)	£15.75
Per Court (1 badminton court)	£7.90
Equipment Hire (per item) £5 deposit required	£1.00

GYM PRICES

Non Member Session: Adult	£5.00
Non Member Session: Concession*	£4.00
Non Member Session: Youth (14-16 years)**	£4.00

*Users over 60, those with a disability or an agreed GP referral

**Must be accompanied by an adult (18+ years)