



CRYSTAL HEALING

AN INTRODUCTION

SATURDAY 16TH
APRIL
11AM - 4PM
CARN GWAVAL
WELLBEING CENTRE
£25



CRYSTAL HEALING CAN BE A POWERFUL THERAPY THAT WORKS TOWARDS RESTORING BALANCE AND HARMONY ON PHYSICAL, EMOTIONAL, MENTAL AND SPIRITUAL LEVELS. THIS WILL BE A VERY "HANDS-ON" WORKSHOP, THE TUTOR WILL BRING CRYSTALS FOR YOU TO SEE, HOLD AND EXPLORE. YOU WILL LEARN TO ATTUNE TO THE VIBRATIONAL ENERGIES, LEARN SIMPLE TECHNIQUES FOR RELAXATION, MEDITATION, SELF-HEALING, WORKING WITH FRIENDS AND FAMILY, AND FOR USE IN THE HOME, GARDEN AND WORKPLACE.

TO BOOK YOUR PLACE AND FIND OUT MORE
EMAIL LEARNSCILLY@SCILLY.GOV.UK OR CALL
01720 424400