

**Male Support at the SUSIE Programme** - The Susie Programme provides a trauma informed, psycho-educational support programme for adult, men, and women, who have left their abusive relationships.

- Weekly Domestic Abuse and Sexual Violence (DASV) support groups are tailored towards enabling clients to connect, recover and positively move forward with their lives.
- On completion of a support group, a client is invited to join the strengths based, 12-week, Recovery Tool Kit (RTK) which focuses on long-term wellbeing and is designed to address the impact of the DASV, enabling clients to develop protective and empowering behaviours.

**Operational Hours for Online Male Support Group:**

- Wednesday mornings 10.:30-12:00
- Thursday evening 5:00-6:30pm

**Who is eligible:**

- Adults aged 18+, who have experienced domestic abuse at any time in their life and who are now safe and **not** experiencing DASV or Stalking and Harassment.
- Adults who are ready to engage in group work and want to take the next steps in their journey of recovery.

**Who is NOT eligible:**

- Adults who are NOT interested in group work and are only looking for 1:1 support.
- Sexual Violence Clients who have an active and open police investigation, or a sexual violence case going to court where the alleged abuser is the DASV abuser.

**Delivery Models:**

- Online only via ZOOM

Professional and Self referrals can be made through our online referral at this link <https://saferfutures.org.uk/online-referral/>

Or via **tel:0300 7774 777**