

# How to access a coronavirus test on the Isles of Scilly

If you develop COVID-19 symptoms, do not ignore or try to hide your symptoms. It is important you act quickly to help yourself and protect those around you. It is your responsibility to stay safe and keep others safe.

## COVID-19 symptoms are:

- A new, continuous cough
- High temperature
- A loss or change to your sense of smell or taste

## If you feel unwell and experience any COVID-19 symptoms you must:

- **Stay indoors and self-isolate immediately**
- **Arrange for a PCR test**

Do not ignore your symptoms: self-isolating and getting tested quickly is the best way that you can stay safe and protect others.

If you live with others, they may also have to self-isolate and take appropriate action based on your test result.

## How do I book a test?

Call the Testing Helpline (Mon- Fri 9.30am to 2pm; Saturday 9.30am to 11.30am)

**07955 434608**

Or

Email: [keepscillysafe@scilly.gov.uk](mailto:keepscillysafe@scilly.gov.uk)

You are also able to access PCR testing via the national route by visiting: [gov.uk/get-coronavirus-test](https://gov.uk/get-coronavirus-test)

This may take longer than the local route.

## Do I need to travel to get tested?

No, the Isles of Scilly has an enhanced community testing scheme so there is no need to travel to a mobile testing centre nor order a test through the post.

**A PCR test will be brought to your door.**

## Who will administer my test?

Tests will either be self-administered or conducted by a dedicated Testing Co-ordinator. This service applies to all islands and can be accessed by both residents and visitors.

## What should I do whilst I'm waiting for my test result?

Anyone **experiencing symptoms** should self-isolate whilst awaiting their test result.

Household contacts should also self-isolate unless they are exempt in one of the following ways:

- they're fully vaccinated
- they're below the age of 18 years 6 months
- they've taken part in or are currently part of an approved COVID-19 vaccine trial
- they're not able to get vaccinated for medical reasons

## When will I get the test result?

Tests will be collected and sent to Truro for analysis as rapidly as possible and results provided to you by phone or email – we aim to have results back within 48 hours.

## Who to contact if you're unwell or need medical advice?

- **If you are ill or need medical advice, call 111 or your GP**
- **In the event of a medical emergency, call 999**

Further advice on COVID-19:

NHS: [nhs.uk/conditions/coronavirus-covid-19](https://nhs.uk/conditions/coronavirus-covid-19)

UK Government: [gov.uk/coronavirus](https://gov.uk/coronavirus)